



## LUNCH MENU - MAY 2018

YELLOW OPTION ONLY AVAILABLE FOR SECONDARY



MONDAY, 7		TUESDAY, 8		WEDNESDAY, 9		THURSDAY, 10		FRIDAY, 11	
RED	VEGETABLE SOUP AND FISH FINGERS WITH PASTA SALAD  YOGHURT	RED	GREEN SALAD CHICKEN GOUJONS WITH CHIPS AND PEAS  SEASONAL FRUIT	RED	MIXED SALAD FISH PAELLA  SEASONAL FRUIT	RED	DICED TOMATOES HOMEMADE LASAGNA WITH GARLIC BREAD  FLAN	RED	GREEN SALAD FRIED HAKE WITH BAKED POTATO AND VEGETABLES  SEASONAL FRUIT
YELLOW	SPAGHETTI CARBONARA	YELLOW	TUNA PANINI WITH SALAD	YELLOW	CHICKEN WRAP & POTATO WEDGES	YELLOW	JACKET POTATO WITH CHOICE OF FILLING	YELLOW	HAMBURGER & CHIPS
MONDAY, 14		TUESDAY, 15		WEDNESDAY, 16		THURSDAY, 17		FRIDAY, 18	
RED	FISH & POTATO STEW AND FRENCH OMELETTE & BEANS  YOGHURT	RED	MIXED SALAD MEATBALLS IN TOMATO SAUCE WITH CHIPS  SEASONAL FRUIT	RED	DICED TOMATOES FRIED FISH WITH MASH POTATOES & PEAS  COLD CUSTARD	RED	MIXED SALAD CHILI CON CARNE WITH RICE  SEASONAL FRUIT	RED	PUMPKIN SOUP WITH FLAMENQUINES (ham & cheese rolls) AND VEGETABLES  YOGHURT
YELLOW	PASTA BOLOGNAISE	YELLOW	HAM AND CHEESE PANINI WITH CHIPS	YELLOW	HOT DOG WITH 5-DELICACY RICE	YELLOW	JACKET POTATO WITH CHOICE OF FILLING	YELLOW	CHICKEN WRAP & CHIPS
MONDAY, 21		TUESDAY, 22		WEDNESDAY, 23		THURSDAY, 24		FRIDAY, 25	
RED	CHICKPEA SOUP WITH CHICKEN CROQUETTES ON A BED OF LETTUCE  YOGHURT	RED	DICED CUCUMBERS & CARROT STICKS PASTA BOLOGNAISE  SEASONAL FRUIT	RED	GREEN SALAD CHICKEN CURRY WITH RICE  DRINKABLE YOGOURT	RED	MIXED SALAD ANDALUCIAN-STYLE FRIED FISH WITH CHIPS & VEGETABLES  SEASONAL FRUIT	RED	TUNA SALAD CHICKEN ENCHILADA WITH NACHOS  ICE CREAM
YELLOW	HAMBURGER & POTATO WEDGES	YELLOW	HAM & CHEESE PANINI WITH SALAD	YELLOW	JACKET POTATO WITH CHOICE OF FILLING	YELLOW	CHICKEN WRAP & CHIPS	YELLOW	FISH FINGERS WITH NACHOS
MONDAY, 28		TUESDAY, 29		WEDNESDAY, 30		THURSDAY, 31		FRIDAY, 1st JUNE	
RED	MIXED SALAD PASTA CARBONARA  JELLY	RED	CREAM OF COURGETTE SOUP AND FRIED SQUID WITH CHINESE SALAD  SEASONAL FRUIT	RED	GAZPACHO POTATO OMELETTE ON A BED OF LETTUCE  COLD CUSTARD	RED	GREEN SALAD HOMEMADE COTTAGE PIE  SEASONAL FRUIT	RED	RUSSIAN SALAD WITH CHICKEN FILLETS  YOGHURT
YELLOW	JACKET POTATO WITH CHOICE OF FILLING	YELLOW	TUNA PASTA	YELLOW	HAMBURGER & CHIPS	YELLOW	TUNA PANINI WITH SALAD	YELLOW	CHICKEN WRAP & RUSSIAN SALAD
<p>ALSO AVAILABLE ON A DAILY BASIS:</p> <p><b>BLUE OPTION:</b> VARIETY OF SANDWICHES / BAGUETTES</p> <p><b>GREEN OPTION:</b> A RANGE OF PLATED SALADS</p> <p><b>ALL RED MEALS</b> COME WITH WATER, WHITE/BROWN BREAD, SALAD &amp; DESSERT</p>									



## VEGETARIAN MENU - MAY 2018

YELLOW OPTION ONLY AVAILABLE FOR SECONDARY



MONDAY, 7		TUESDAY, 8		WEDNESDAY, 9		THURSDAY, 10		FRIDAY, 11	
RED	VEGETABLE SOUP AND FISH FINGERS WITH PASTA SALAD  YOGHURT	RED	GREEN SALAD TUNA EMPANADAS WITH CHIPS AND PEAS  SEASONAL FRUIT	RED	MIXED SALAD  FISH PAELLA  SEASONAL FRUIT	RED	DICED TOMATOES HOMEMADE LASAGNA WITH GARLIC BREAD  FLAN	RED	GREEN SALAD FRIED HAKE WITH BAKED POTATO AND VEGETABLES  SEASONAL FRUIT
MONDAY, 14		TUESDAY, 15		WEDNESDAY, 16		THURSDAY, 17		FRIDAY, 18	
RED	FISH & POTATO STEW AND FRENCH OMELETTE & BEANS  YOGHURT	RED	MIXED SALAD VEGETABLE SAUSAGES IN TOMATO SAUCE WITH CHIPS  SEASONAL FRUIT	RED	DICED TOMATOES FRIED FISH WITH MASH POTATOES & PEAS  COLD CUSTARD	RED	MIXED SALAD VEGETABLE CHILI WITH RICE  SEASONAL FRUIT	RED	PUMPKIN SOUP WITH MOZARELLA STICKS AND VEGETABLES  YOGHURT
MONDAY, 21		TUESDAY, 22		WEDNESDAY, 23		THURSDAY, 24		FRIDAY, 25	
RED	CHICKPEA SOUP WITH SPINACH CROQUETTES ON A BED OF LETTUCE  YOGHURT	RED	DICED CUCUMBERS & CARROT PASTA WITH TUNA & TOMATO SAUCE  SEASONAL FRUIT	RED	GREEN SALAD VEGETABLE CURRY WITH RICE  DRINKABLE YOGOURT	RED	MIXED SALAD ANDALUCIAN-STYLE FRIED FISH WITH CHIPS & VEGETABLES  SEASONAL FRUIT	RED	TUNA SALAD TUNA & CHEESE ENCHILADA WITH NACHOS  ICE CREAM
MONDAY, 28		TUESDAY, 29		WEDNESDAY, 30		THURSDAY, 31		FRIDAY, 1st JUNE	
RED	MIXED SALAD PASTA CARBONARA (WITHOUT BACON)  JELLY	RED	CREAM OF COURGETTE SOUP AND FRIED SQUID WITH CHINESE SALAD  SEASONAL FRUIT	RED	GAZPACHO POTATO OMELETTE ON A BED OF LETTUCE  COLD CUSTARD	RED	GREEN SALAD HOMEMADE VEGETARIAN PIE  SEASONAL FRUIT	RED	RUSSIAN SALAD WITH FISH FINGERS  YOGHURT

ALSO AVAILABLE ON A DAILY BASIS:

**BLUE OPTION:** VARIETY OF SANDWICHES / BAGUETTES

**GREEN OPTION:** A RANGE OF PLATED SALADS

**ALL RED MEALS** COME WITH WATER, WHITE/BROWN BREAD, SALAD & DESSERT